



## Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Orange Flavour Liquid

### Uses

### Dosage

Adults and children over 3 years: two 5ml teaspoonsful daily.

### Format and Ingredients

Liquid containing in 10ml:  
Cod liver oil and fish oil 2.9g, Omega-3 Nutrients 650mg, Of  
which EPA 195mg, DHA 305mg, Vitamin C 50mg 63, Vitamin  
D 6µg 100,

**Category:**  
Vitamins, Minerals and Nutritionals

**Manufacturer:**  
P&G HEALTH

**Pack size:** 150ml, 300ml

**RRP:** £4.62, £7.84

**Legal Status:** ,