



## Avomine 25mg Tablets

### Uses

Prevention and relief of travel sickness and general nausea and vomiting. For vertigo due to Meniere's syndrome, labyrinthitis and other causes.

### Dosage

Adults: Prevention of travel sickness on long journeys: 1 tablet to be taken each night at bedtime starting on the night before travel. Prevention of travel sickness on short journeys: 1 tablet taken one or two hours before travel. Treatment of travel sickness: 1 tablet as soon as sickness is felt followed by a second tablet the same evening. A third tablet may be taken the next evening. Nausea and vomiting due to other causes: 1 tablet at night is often sufficient, more frequently twice or three times daily if required. Maximum 4 tablets in 24 hours. Children over 10 years: the lower adult dose. Children 5-10 years: half the adult dose (half a tablet) at the same time as for adults. Not recommended under 5 years.

### Format and Ingredients

Tablet marked 'avomine' on one side and scored on the other containing:

Promethazine Teoclate 25mg,

**Category:**  
Sleep and Travel

**Manufacturer:**  
MANX HEALTHCARE

**Pack size:** 10, 28

**RRP:** £2.45, £6.20

**Legal Status:** (P), (P)