

# Counter Intelligence PLUS | 2025



The training guide for pharmacy assistants



# LemoCalm Cold and Flu Relief Powder for Oral Solution

#### **Uses**

For relief of the symptoms of colds and influenza, including the relief of aches and pains, sore throat, headache, nasal congestion and lowering of temperature.

## **Dosage**

Adults and the elderly: 1 sachet dissolved by stirring in hot water, but not boiling water and sweetened to taste. No more than 4 sachets to be taken in 24 hours. The dose may be repeated in 4-6 hours. Children: not recommended except on medical advice.

### **Format and Ingredients**

Sachet of powder containing: Paracetamol 650mg, Phenylephrine Hydrochloride 10mg,

Category:

Cough, Colds and Sore Throat

Manufacturer:

**BRISTOL LABORATORIES LTD** 

Pack size: 10

**RRP:** £2.50

Legal Status: (GSL)





