



## Spatone Iron-Rich Water Natural

### Uses

Daily iron supplement.

### Dosage

Best taken with a juice high in vitamin C separate from other food or drink. Adults and children over 2 years: 1 sachet daily. Pregnant women: 2 sachets daily.

### Format and Ingredients

Sachet containing:  
Natural Iron-Rich Water,

**Category:**  
Vitamins, Minerals and Nutritionals

**Manufacturer:**  
A NELSON & CO LTD

**Pack size:** 14 sachets, 28 sachets

**RRP:** £7.49, £12.49

**Legal Status:** ,